



# R & R Seniors' Physiotherapy Services

## Rhonda Scudds, Physiotherapist

**CURRENT POSITION:** Physiotherapist & Partner, R & R Seniors' Physiotherapy Services

**DATE STARTED WITH R & R Seniors' Physiotherapy Services:** May 28, 2012

**YEARS OF PROFESSIONAL EXPERIENCE:** 22 years

### **EDUCATION:**

1990	University of Alberta	B.Sc. (Physiotherapy) with distinction
1993	University of Western Ontario	M.Sc. (Physiotherapy)
1997	University of Western Ontario	Ph.D. (Epidemiology and Biostatistics)

### **SELECT COURSES/ SEMINARS TAKEN**

	<b><u>Date</u></b>
Canadian Falls Prevention Curriculum, September 22-23, 2009, Westwinds Primary Health Centre, SK	2009
LiveWell with Chronic Conditions Facilitator Course, January, 7-8, 14-15, 2010.Saskatoon Health Region	2010
Canadian Falls Prevention Curriculum Facilitator Course. March 24-25, 2010, Vancouver BC.	2010

### **WORK HISTORY:**

	<b><u>Dates</u></b>	<b><u>Position</u></b>
CBI OT Services – Nanaimo Long term care/Complex care/ Home care	2010-2012	Physiotherapist
5 <sup>th</sup> Floor Medicine, St. Paul's Hospital, Saskatoon, SK	2010	Physiotherapist_casual)
Oliver Lodge, Saskatoon, SK Long term care	2010	Physiotherapist (casual)
School of Physical Therapy University of Saskatchewan, Saskatoon, SK	2010-present	Adjunct Professor
School of Physical Therapy University of Saskatchewan, Saskatoon, SK	2007-2010	Associate Professor
Health and Rehabilitation Sciences Research Institute University of Ulster at Jordanstown, N. Ireland	2005-2006	Research Fellow
Dept of Rehabilitation Sciences Hong Kong Polytechnic University, Hong Kong	1999-2005	Assistant Professor
Dept of Rehabilitation Sciences Dept of Physical Medicine and Rehab Medical University of South Carolina, Charleston, SC	1998	Assistant Professor (joint appointment)
Wesley Medical Centre, Wichita KS Outpatient orthopedics	1997	Physiotherapist
Dept. of PT, Wichita State University, Wichita, KS	1997	Assistant Professor
Dept. of PT, Wichita State University, Wichita, KS	1996	Teaching Fellow
Geriatric Assessment Unit Misericordia Hospital, Edmonton, AB	1990	Physiotherapist



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## SELECT PUBLICATIONS/INVITED TALKS:

Williams, J., Kaasalainen, S., Hadjistavropoulos, T., **Scudds, R.**, Thorpe, L., Neville, S., Tremeer, J., Andersen, D. (2010). A Qualitative Investigation of Injurious Falls in Long-Term Care: Perspectives of Staff Members. *Disability and Rehabilitation*. accepted 2010, Early Online 1-10.

**Scudds R. J.** , Pain Assessment and Treatment in Long Term Care. Continuing Physical Therapy Education, Saskatchewan Physical Therapy Association, June 12, 2009.

**Scudds R. J.**, Scudds R. A. (2005). Physical Therapy Approaches to the Management of Pain in Older Adults. In: Gibson S. J. and Weiner D. K. (Eds) Pain in Older Adults, Progress in Pain Research and Management, Vol. 35. IASP Press Seattle.

Scudds, R. A., **Scudds R. J.**, Harman, K. (2004). Management of Chronic Muscle Pain. In: Walker, J. and Helewa, A. (Eds) Physical Rehabilitation in Arthritis (2<sup>nd</sup> Edition). Saunders; St.Louis, MO: pp249-263.

Jones A. Y. M., Dean E., **Scudds R. J.** (2004). Effectiveness of a community-based T'ai Chi program and implications for public health initiatives. *Archives of Physical Medicine and Rehabilitation* 86: 619-625.

Lee, H. K. M., **Scudds, R. J.** (2003). Comparison of balance in older people with and without visual impairment. *Age and Ageing* 32: 643-649.

**Scudds, R. J.** and Ostbye, T. (2001). Pain and pain-related interference with function in older Canadians: The Canadian Study of Health and Aging, *Disability and Rehabilitation* 23(15):654-664

Simmonds M. J. and **Scudds, R. J.** (2001). Pain, disability and physical therapy in the elderly: issues of patients and pain, therapists and therapy, *Topics in Geriatric Rehabilitation*, 16(3): 12-23.

**Scudds, R. J.** and Robertson, J. M. (2000). Pain factors associated with physical disability in a sample of community-dwelling senior citizens, *Journal of Gerontology: MEDICAL SCIENCES*, 55A: M393-M399.

## MEMBERSHIPS:

Falls Prevention Committee, Nanaimo Travellers Lodge	2011-present
Falls Prevention Committee, Kiwanis Village Lodge	2011-present
College of Physical Therapists of British Columbia	2010-present
Centre on Aging and Health, University of Regina	2008-present
Saskatoon Falls Prevention Consortium	2009-2010
Saskatchewan College of Physical Therapists	2008-present
College of Graduate Studies, University of Saskatchewan	2008-present
Physiotherapists Board of the Supplementary Medical Professions Council, Hong Kong	2001-2007
Hong Kong Physiotherapy Association	1999-2005
American Congress of Rehabilitation Medicine	1998-1999
Graduate Studies, Wichita State University	1997-1998
American Physical Therapy Association	1996-1999
Kansas Physical Therapy Association	1996-1998
Consortium for Practical Research into the Care of the Elderly, London, Ontario	1994-1996
International Association for the Study of Pain	1993-present
Canadian Physiotherapy Association	1991-present